**27th Annual Psychiatric Symposium:**

**Clinical Updates in Psychiatry**

**November 3, 2023**

**Agenda**

7 a.m. **Registration and Contenental Breakfast**

7:55 a.m. **Welcome and Introductions**

8 a.m. **Bipolar Disorder and Violence**

**Phillip Resnick, MD**

-Identify the most common trigger for violence in mania.

-Discuss the most common homicide victims in depressed women.

-Develop violence reduction plans for patients with mood disorders.

9 a.m. **The Therapist’s Duty to Inform**

**Phillip Resnick, MD**

-Discuss therapist’s obligation to protect a patient’s confidential information.

-Identify important ethical practice issues that therapists should follow.

-Define what therapists are obligated to report.

10 a.m. **Break and Exhibits**

10:30 a.m. **Updates on Best Practices for the Management and Treatment of Agitation**

**Tony Thrasher, DO, MBA, CPE, DFAPA**

-Incorporate protocols for why treatment of agitation is important in all venues of care.

-Formulate why appropriate treatment of agitation not only eases patient suffering but also improves quality of life for healthcare professionals.

-Examine evidence-based recommendations (Project BETA) for psychopharmacological options, including newer formulations being used in both emergency rooms and community settings.

11:50 a.m. **Mental Health and Targeted Violence: Knowing Aids Prevention**

**Tony Thrasher, DO, MBA, CPE, DFAPA**

-Define what we are NOT looking for as opposed to what we should be looking for in the targeted violence affecting the field of healthcare.

-Describe specific elements of certain psychiatric symptoms, noting which psychiatric illnesses are most prone to having violence as a symptom or end-point.

-Promote approaches, mitigation strategies and engagement with patients at risk to not only decrease targeted violence but also improve the life of our target populations.

12:30 p.m. **Lunch**

1:30 p.m. **The Neurology of Schizophrenia: An Update**

**Henry Nasrallah, MD**

-Demonstrate the neurodevelopmental and neurodegenerative aspects of schizophrenia. Recognize the in vivo and postmortem structural and neurohistological abnormalities in schizophrenia.

-Review neurologic abnormalities including spontaneous motor movements, primitive reflexes, permeable BBB, neurocognitive deficits, neurophysiology, neuroinflammation, white matter disconnectivity, and mild encephalitis.

-Discuss the genetically driven C4 complement excessive synaptic pruning as one of the key etiopathological pathways of the schizophrenia syndrome.

2:30 p.m. **Break and Exhibits**

2:45 p.m. **The Microbiome and Psychiatric Disorders**

**Henry Nasrallah, MD**

-Describe composition of the gut microbiota and the importance of maintain their diversity.

-Recognize multiple positive and negative influences on the microbiome in humans.

-Review evidence for abnormalities of the microbiome in psychotic and mood disorders.

3:45 p.m. **Evaluation**

4 p.m. **Adjournment**